Parental Controls For Social Media

- You can enable Google SafeSearch in whichever browser or browsers you use. First, you need to make sure your browsers use Google as their default search engine. Then, you need to turn on SafeSearch. This is a good precaution to make sure your kids don't accidentally stumble across anything inappropriate.
- Third party parent control services such as: Qustodio or NetNanny will give you a lot of control over all your kids' devices.
- Monitor your children's phones with downloadable apps such as Bark or Webwatcher, which can monitor text messages, social networks, emails and other mobile functions. Bark, for example, can notify you when it detects "alert" words like "drugs" etc.
- If you have an iPhone or iPad, Apple's "Screen Time" settings let you manage nearly every aspect of your children's IOS devices.
- Android devices can use Google's "Family Link," which will do about the same as Apple's "Screen Time."

App Specific Controls:

TikTok:
- You can set your child's TikTok account to private. This helps protect information like usernames and profile pictures.
- You can also use the "Digital Wellbeing" feature, which gives parents more control over the content your kids are viewing. Additionally, you can monitor how much time they're spending on the app in general.
- Setting the TikTok app to "Restricted Mode" helps filter content that may not be appropriate for minors. For more information and directions on how to set these controls visit: **https://parentology.com/understanding-tiktok-parental-controls/**

Instagram:
- You can make your child's Instagram account private. This helps protect private information.
- You can also use external apps (like Bark) to have more parental controls on Instagram.
- If you see anything inappropriate on the app, you can report the video or image to Instagram.

Snapchat:
- You can make sure your children are only contacted by friends, and report any inappropriate content. This website offers a tutorial on steps to set up these specific parental controls:
  https://screentimelabs.com/parental-controls/snapchat-parental-controls/